



Novel *Captivated Me* by Jeon Dani: from Trauma to Feminism

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Abstract

So far, many research efforts on literary feminism have been carried out. However, not many have found that Indonesian literary feminism is relevant to traumatic. For this reason, this study aims to examine archetype psychoanalytic feminism in Indonesian literature, especially the novel *Captivated Me* by Jeon Dani. The data taken in this study are in the form of text citations that show feminism and archetypal psychoanalysis. The source of research data is the novel *Captivated Me* by Jeon Dani. The data collection technique in this study is by looking at and taking notes. The research method used is hermeneutics. The results of the study stated that the novel *Captivated Me* by Jeon Dani represents the spirit of feminism brought by the main character and the support of other figures, especially in the field of patriarchy. The discourse of feminism in the novel is influenced by the trauma experienced by the characters. An important implication of this study is that literature can contribute to the discussion of feminist science and archetypal psychoanalysis.

Keywords: Feminism, Trauma, Novel, Patriarchy, Psychoanalysis

Introduction

Modernization is an understanding that examines how the process of changing society starting from traditional to more advanced. Modernization is a form of transformation from a less developed state to a better direction in the hope of achieving a more advanced, developed, and prosperous life (Maryamah et al., 2023; Rosana, 2015). In the modern era, everything is starting to develop very rapidly. The scope of modernization does not only discuss aspects related to materials, but also discusses mindsets, behaviors, and so on. Modernization is driven by the development process and the opportunities provided by change for the advancement of society. So it can be seen that modernization is one of the factors of social change in society. Modernization has an important effect on social changes in society, both in rural and urban areas (Hatuwe et al., 2021; Rosana, 2011). This social change has caused many women to be aware of their

rights to be equal to men. With modernization like this, women's mindset has developed so that they fight for their rights a lot. The existence of women who are considered weak makes a lot of women try to fight that perception. This has certainly become a natural event in the modern era like today. Women's resistance in order to equal their status with men is part of the feminist movement.

Feminism is an action and deed of women as a form of resistance to patriarchal culture or the assumption that men are much higher in status than women. So far, patriarchal culture has placed men higher than women (Nasution & Sahira, 2021; Pasaribu & Firmansyah, 2023). Patriarchy is a social system that positions women below men (Nairurrohmah & Khotimah, 2024; Rahadiani & Zulfiningrum, 2023). Patriarchy is a culture that considers women to be the second marginalized race. In the patriarchal view, women are considered slaves of low degree. So, feminism emerged to dismiss the existence of a patriarchal culture that has been attached to society. Etymologically, feminism comes from the word *femme* (*woman*) which means women who have the goal of fighting for the rights of women in social classes (Khaeni & Pamungkas, 2024; Setiawan, 2024). Feminism is a struggle of races that defend the existence of women. Not only fellow women, but men are included in the feminist movement if they support and fight for gender equality for women and men. Feminism is a social, political, and cultural movement that seeks to achieve gender equality and address issues related to gender discrimination and oppression (Nairurrohmah & Khotimah, 2024; Rahadiani & Zulfiningrum, 2023). Feminism is steeped in the understanding that gender is not a determination to express one's opportunities and experiences in life. Feminism fights for the freedom for women not to be exploited, not marginalized, and not to be made the object of male violence (Adaruddin, 2020; Basyir et al., 2023; Muslih & Nurfauzi, 2022). The novel *Captivated Me* is a contemporary novel that represents feminism, as an influence of modernism. For this reason, the reality of feminism is not only found in life, but also in fiction. This novel by Jeon Dani tells the story of Sabrina as an independent woman with high intelligence and independence and freedom to live her life. Sabrina is known for being a very free woman because she spends almost every week visiting clubs with her office friends. Sabrina works in an office, and she has several close friends who are always there in all her condition. This main character is known to be very friendly to anyone, but he decides not to get married. This is because of the trauma she experienced in the past with her ex-lover. Through that trauma, Sabrina founded a community of women defenders called the Great Women's Community. This community is engaged in the field of feminism that defends women, especially women who experience oppression and patriarchy. The community built by Sabrina helps weak women with financial and psychological assistance and conducts counseling so that oppression of women does not happen again. Many members of this community share Sabrina's views, especially the view that they do not want to get married on the grounds that they can live alone without

a man. This view was apparently broken by Sabrina herself who married Ansel, even though they married under compulsion because of the arranged marriage that Sabrina and Ansel's parents wanted, but the tortuous marriage led to happiness between the two because Ansel was very gentle, accepted Sabrina as she was, and the most important thing was that she supported Sabrina to continue to defend oppressed women.

So far, literary feminism has often explored the work done by women. Women are free to determine their fate, choose their jobs and pursue the highest knowledge (Gumelar & Mukhroman, 2015; Ilaa, 2021; Muslimah et al., 2019). For this, women are considered to have a dual role, both as housewives and career women. In addition, women also play an active role in politics and economic development (Lestari & Suprpto, 2020; Retnani, 2017; Sumiyatiningsih, 2014). Although, attempts to explore the development of feminism have been carried out by many experts, however, there is still little research that explores the relationship between feminism and trauma. Although the research between feminism and trauma is considered important, this is because a tragedy in the past that traumatizes women can have a good impact on the struggle of feminism. Therefore, psychoanalysis in the view of Carl Gustav Jung is the basic science in this study. Psychoanalysis proposed by Jung (2014) is an unconscious nerve that contains an archetype. Archetype is the form of thought or idea that is the basis of a person's view, which is represented by the experience that a person experiences (Juidah et al., 2022; Mubarock & Adiriyanto, 2021; Pamungkas et al., 2023). Based on this reason, the purpose of the study is to find out the representation of feminism and trauma in Jeon Dani's novel *Captivated Me*, especially in the main character. This study uses feminist theory and literary psychology to find out the struggle of feminists in defending weak women and how the trauma felt by the characters so that it forms a virtue. The benefit of this research is to describe the representation of feminism and trauma experienced by the main character in the novel *Captivated Me* by Jeon Dani.

Research Methodology

This research is an attempt to analyze the novel *Captivated Me* by Jeon Dani from the perspective of feminism. The research data used is in the form of text that needs to be paraphrased. Therefore, based on the characteristics of the data, for this reason, a qualitative method with a hermeneutic approach is considered appropriate if used in this study. The reason is, hermeneutics is a method that uses a qualitative type of research by interpreting and analyzing texts (Khaeni & Pamungkas, 2024; Richoeur, 2005). Hermeneutics is an approach that studies a text. The word hermeneutics comes from the Greek verb *hermeneuien* which means to interpret, interpret or translate (Tarlam, 2022; Zunaidi Nur, 2022). Hermeneutics analyzes a data so as to produce research in the form of a description. According to Sulaiman Ibrahim, hermeneutics is the science and art of

building meaning through rational and imaginative interpretation of raw materials in the form of texts (Hadi, 2020; Ridlo & Prastyo, 2023). The data collected in this study is in the form of quoted texts that indicate feminism and trauma. The source of research data is the novel *Captivated Me* by Jeon Dani. The data collection technique in this study is to look and record as proposed by Sudaryanto (1993). The listening technique was carried out by reading the novel *Captivated Me* by Jeon Dani which is related to feminism and the trauma experienced by the character. The recording technique was carried out by presenting the results of data findings on feminism and trauma.

The data analysis technique used is interactive analysis in accordance with (Huberman & Milles, 2002) which includes data reduction, data presentation, and conclusion. Data reduction was carried out by collecting data through the look and note technique carried out in the novel *Captivated Me* by Jeon Dani. Then the presentation of data is carried out by analyzing the data so that it is collected, organized and arranged in a systematic pattern and expressed in the form of a description of the data along with existing evidence (Hardianti & Pamungkas, 2023). The final step is to draw conclusions or conduct a review, which is the identification of evidence based on the findings included in the discussion.

Results and Discussion

Feminism in the Novel *Captivated Me* by Jeon Dani

The novel *Captivated Me* by Jeon Dani tells the struggle of the main character in helping and defending women. Through a community with many members who joined Sabrina as the main figure, many people fought for women's rights in the modern era. With the amount of knowledge that has developed in the modern era, it provokes discrimination and patriarchy against women. However, Sabrina with her determination to fight for women's rights to be equal to men. Not only helping and fighting for women's rights, Sabrina is also strongly opposed to patriarchy and rejects marriage. The main female protagonist who always wants to live freely, independently, work as she wishes makes this novel interesting to study using the science of feminism. The activities of fighting for women carried out by Sabrina are carried out with full awareness and this departs from her own initiative. Women in the view of feminism have their own activities and initiatives, to fight for these rights and interests in various movements (Puspita, 2019; Ridlo & Prastyo, 2023). Sabrina always does things related to freedom, such as working hard every day, not liking and not wanting to learn to cook, not willing to do housework, she often parties at nightlife venues with her boyfriend, and even she refuses to get married. This was broken by an arranged marriage that forced him to marry Ansel, the son of his own mother's friend. Sabrina is cornered by the fact that she has become the wife of Ansel whom she married under compulsion because Ansel's mother will soon die

from the cancer she suffered. After the marriage, Sabrina was still a woman who lived freely just like herself before marriage. But Ansel never forced and forbade Sabrina to live freely. Feminism has the meaning of an awareness of the oppression and oppression of women in society, be it in the workplace or in the family, as well as conscious actions by women and men to change this situation (Abbas, 2020; Manuk, 2023; W. Sari & Arif, 2023). The struggle of feminism in the novel *Captivated Me* by Jeon Dani is as follows:

Table 1: Feminism in the novel *Captivated Me* by Jeon Dani

No	Quotation	Information	Data Code and Pages
1.	"... which always considers men's social status higher than women's or even degrades their abilities. This is our agenda, as always, find their contacts and then meet them with a note that they are willing for us to provide psychological assistance, then we can start opening donations".	The main character defends and guides women who are oppressed and considered weak.	CM-D1-14
2.	"What they don't know, I am <i>the founder</i> of the Great Women's Community".	The main figure is the founder of a community that defends women from patriarchal culture and domestic violence.	CM-D2-14
3.	"The community I built one year ago, is made up of women and for women".	Fellow women build a community aimed at helping women who are also oppressed.	CM-D3-14
4.	"The many oppressions and losses that often occur to women certainly make me and some people feel worried and look for ways or solutions, considering that there is not much that can help, we come for our people and we exist because we have been in the same position".	The same fate makes the spirit of feminism to defend fellow women turbulent.	CM-D4-14
5.	"Anti-patriarchal movements, domestic violence, and all forms of oppression against women, whether it is a household status or still dating and involved in toxic relationships. As much as we can, we try to help and moral support, collect donations and many more".	Fellow women fight for the independence of other women against the inappropriate treatment done to them by men.	CM-D5-14

6. "We also often open forums, come to campus to several places to provide counseling..."	Not only material and psychological assistance, the community aimed at helping oppressed women also provides counseling to prevent oppression against women.	CM-D6-14
7. "Because just like me, they have the same commitment, dedicating their lives to the community and helping their fellow women."	Members of the great women's community are very eager to donate their energy, brains, time, and even wealth to stand up for oppressed women.	CM-D7-16
8. "I should also be able to master all the housework such as washing, cooking, and being a slave. Asking me to stop working also stopped obsessing over my career. Ah, it's so boring. I don't want to worry about it..."	The main character refuses to master the housework which she considers to be slave work and she still chooses to become an independent woman by working.	CM-D8-19
9. "If anything, I dedicate that ambition to my proud career and community"	The main character does not prioritize marriage in his life, he will only think about the work and the community he builds.	CM-D9-25
10. "I won't interfere with your work, you are free to do whatever you want. I won't put you in jail."	Other figures' support for feminism is in the form of freedom and work.	CM-D10-47
11. "I'm anti-patriarchal! I hate the guy who has always been a king! Because I wasn't born to be a slave boy."	The main character strongly upholds feminism where the degree of women is actually the same as men.	CM-D11-47
12. "I'm always vocal about women, I'm the one who always tries to defend women,..."	The main character's struggle for the right to freedom over himself to equal rights with men.	CM-D12-48
13. "Mr. Slamet also told me about his life selling <i>dawet</i> , but his two children were able to go to college until college, making me amazed and suddenly proud, reminding me of Papa who still continues to work to send me and Vincet to school."	The struggle of other figures against feminism in terms of education.	CM-D13-80

14. "You want to leave? You can have breakfast first. I've made you food"	The support of feminism from other figures is evidenced by making breakfast for his wife.	CM-D14-95
15. "I sat stiffly in the chair when Ansel put down a plate of <i>avocado toast</i> with boiled eggs which made me quite amazed"	The support of feminism from other figures is evidenced by serving breakfast for his wife.	CM-D15-96
16. "Instead of having breakfast, I noticed Ansel who was busy with his pots again."	The support of feminism from other figures is evidenced by making breakfast for his wife.	CM-D16-96
17. "Obviously the man who cleaned and tidied up this whole house alone"	Action against feminist support is evidenced by cleaning the house without demanding wives.	CM-D17-101
18. "As always, I do my usual morning routine before leaving for the office"	The spirit of feminism in the field of work shown by the main character.	CM-D18-138
19. "Sabrina, cooking is not a woman's obligation, not a wife's obligation."	Support for other figures for the spirit of feminism.	CM-D19-158
20. "Ansel your husband, he is the one who has to feed you and if possible he is the one who bribes you."	Support for other figures for the spirit of feminism.	CM-D20-159
21. "If Oma becomes Ansel, Oma will not let my beautiful and smooth wife touch the kitchen. Oma will hire a maid"	Support for other figures for the spirit of feminism.	CM-D21-159
22. "Ansel looked grinning confusedly, "Weird? Is it strange to have a working wife?""	Another figure's support for the spirit of feminism is the field of work.	CM-D22-167
23. "No, I don't need him! I can live on my own. I have money, I have a job, I can go everywhere by myself. I don't need Ansel"	Feminism that continues to be portrayed by the main character who shows that she can live without men.	CM-D23-245
24. "Today they also want to go to the house of one of the victims of sexual violence to provide moral support and donate funds to also accompany to meet a psychiatrist."	The support of other female characters towards oppressed women.	CM-D24-284
25. "Ansel also still does his homework every day without complaining, without getting angry, without talking."	The support of other figures for the spirit of feminism is evidenced by carrying out homework.	CM-D25-335

Information:

CM: *Captivated Me*

D1-D27: Findings data

Based on Table 1, the author shows how different perspectives are in fighting for women's rights. In the modern era like today, there are many women who have fought and defended their racial rights, but Jeon Dani describes the main figure in fighting for the right to freedom differently, namely by rejecting marriage because marriage is considered a thing that leads to patriarchal culture. Patriarchy means "paternal power", where women are in the dominance of men (Frasetya & Nasution, 2021; Novarisa, 2019). Patriarchy is inversely proportional to feminism, so with the actions of the main characters and other figures who support the rejection of patriarchal culture, it is the feminists who support the feminist movement. Another thing that characterizes feminism in this novel is that the main character establishes a community supported by other women to defend women, especially those who are oppressed by patriarchy. This community stands for good reason. That is because of the patriarchal culture itself. He does not want patriarchal culture to still be a trend in social life in the modern era like now. This was also supported by her own husband. Another form of feminism appears when Sabrina does not want to wash, cook, sweep, mop, because for her it is a job that can be done by anyone, both men and women. This is supported by her husband who is a feminist. Ansel is Sabrina's husband whom she married out of compulsion. They were matched by their respective parents. Although Sabrina has repeatedly rejected the matchmaking, in the end she has to resign herself to the circumstances that forced her to accept the matchmaking. This is because Ansel's mother who is dying asks them to get married. Ansel as a man always accepts Sabrina who does not want to do housework such as cooking, washing clothes, washing dishes, sweeping, mopping, he does all these jobs alone without Sabrina's help. This action is certainly part of feminism. In addition to women who are vocal in conveying the message of equality, the presence of men who fully support feminism is needed departing from the awareness that men have the same responsibility to end all forms of gender problems that exist (Mutmainnah, 2021; Suhada, 2021). Feminism is not only initiated and fought for by fellow women, but men are feminists if they support the feminist movement.

Sabrina's struggles and movements to fight for women's rights are not limited to that, she supports feminism in the field of work. Sabrina works for a company with a good reputation, and she works hard to earn money so that everything she needs can be bought by herself without asking for help from others, let alone men. It was Sabrina's independence that caused her to increasingly not need men in her life. Gender equality emphasizes that men and women should have equal rights, responsibilities, and opportunities including equal access to education, work, and participation in all aspects of

public and private life (Liliana, 2024; A. F. Sari & Hotimah, 2023; Setyawati & Dewi, 2023). In ancient patriarchal cultures, women's work was limited to wells, mattresses, and kitchens. However, this does not apply to feminists, especially in the modern era with Sabrina's thinking that is already very independent. Jobs outside the home such as office workers, teachers, lecturers, doctors, and others are seen as commonplace in the feminist view. Because feminism fully supports if women have the same rights as men in all fields. Even because of the urgency of life's needs, often women work as builders and others. This is seen as a commonplace thing in feminist science, especially in the modern era like today. Not only engaged in the field of work, Sabrina as the main figure fought for feminism in the field of education, which she proved by completing college so that she got a job with a decent salary in her office. It is no stranger to people in the modern era who see that there have been a lot of women studying up to college as a form of proof that women have the same rights in the field of education, especially in the modern era like today there are no more boys-only schools. So, education for women in the modern era is actually fully supported by everyone. With this, equality in the right to education between men and women is familiar. Freedom to choose or enter the world of education means giving women the freedom to develop in accordance with the education (Rahmayani, 2021). Women must have the same rights as men in the field of education (Islahuddin et al., 2021; Khaeni & Pamungkas, 2024). The story of Sabrina's struggle in defending women continues, until she finally realizes that the husband who married her is a man who strongly supports feminism and finally Sabrina falls in love with her husband's gentleness so that Sabrina and her friends from her community realize that not all men support patriarchal culture. Finally, they live happily together with the spirit of feminism.

The Influence of Trauma on the Spirit of Feminism

Sabrina, as the main character in Jeon Dani's *novel Captivated Me*, has a deep trauma about love. She experienced verbal and physical violence from her ex-boyfriend while in college. The trauma he experienced was a trauma in the past, this is closely related to the view of Carl Gustav Jung who proposed psychoanalysis, namely unconscious nerves that contain archetypes (Jung, 2014). According to Jung, archetype is a universal form of mind that contains elements of emotion and then is represented in the experience experienced by a person. According to Alfons, our daily behavior is influenced by the culture and life forms of our ancestors in the past, but all of these influences take place on an unconscious level (Jung, 2014; Noviani & Mubarak, 2021; Pamungkas, 2017). Through the trauma experienced by Sabrina, she did not want to marry anyone and firmly rejected the patriarchal culture. This is what then pushed her to create a community of women defenders. This can be seen in the following data:

Table 2: The trauma experienced by the main character in the novel *Captivated Me* by Jeon Dani

No	Quotation	Information	Data Code and Pages
1.	He was curled up at me and possessively almost obsessed with me. He would get angry if I talked to the opposite sex. It was not uncommon for him to punch me, slap, grab, strangle, and kick my body, if he felt that I was serving a man who was teasing me, then he locked me in his boarding room like a prisoner.	Traumatic verbal and physical violence.	CM-D1Tr-174
2.	Repeatedly I had plans to complain to Papa, but he threatened to kidnap and rape me. I was scared because all the threats were not just bluffs. He will actually do just that. I hate that memory. I've tried to forget about it, keep it tight, and burn it out of my memory. Now I tried as cheerfully and as crazy as I could to make all those horrors never stop by in my head again.	Threats and traumatic sexual violence.	CM-D2Tr-174
3.	I hid everything and became Sabrina, the crazy woman who likes to change partners almost every month. I laughed merrily, got drunk, spent time working, had fun, and decided anyone who intended to take me to a more serious level. I don't want to be tied up and go back to prison until my freedom is just taken away.	Trauma in the past that makes the main character refuse to get married. Because marriage for her is a bond that takes away her freedom as an independent woman.	CM-D3Tr-175
4.	"That's also the main reason why I created a 'Great Women' community that focuses only on women, so that no more women go through the same thing as me, that community exists to protect them and show the world that women can stand without men."	The trauma that produces the spirit of feminism that the main character fights for with members of the 'Great Women' community.	CM-D4Tr-175

Information:

CM: *Captivated Me*

DTr1-DTr4: Findings data

Based on Table 2, the main character experiences various violence, both physical violence, verbal violence, and sexual violence, this causes deep trauma. According to

Chaplin (2001) trauma is a form of injury that results from violence both physically, physically, and psychologically. From this trauma, the spirit of feminism finally grew in her, she was against the patriarchal culture that limited women's rights. With this spirit, she then built a community called "Perempuan Hebat". For that reason, Sabrina is increasingly passionate about defending women who come to the point of performing virtues, this sequence can be seen in the following Figure 1:

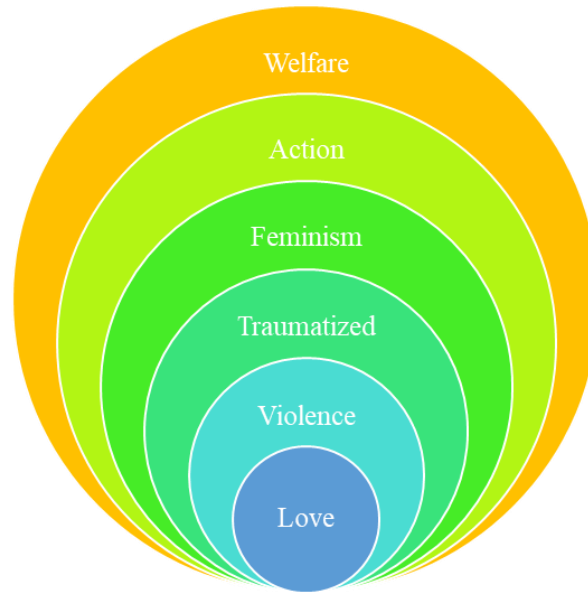


Figure 1: The process of feminism through trauma

Based on the data in figure 1, the main character's life experience in the novel *Captivated Me* by Jeon Dani begins with the love that grows with a man when he was still in his S1 education, Sabrina as the main character falls in love with a man who is famous well on their campus, coupled with the different treatment of Sabrina makes him fall in love with the man. Sabrina was overwhelmed with the attention, attitude, and kindness given only to herself at that time. After falling in love deeply, it turns out that the man does not have such a character, it turns out that he is a possessive man and is almost obsessed with Sabrina. Sabrina's ex-boyfriend is often angry if Sabrina talks to other men. Sabrina often received punches, slaps, strangled, kicks and jabs from men who were considered good by her when they first met, the man was violent just because she felt that if Sabrina served the man who teased her then she locked Sabrina in the boarding house. Not infrequently Sabrina's ex-boyfriend threatens to kidnap and rape if Sabrina wants to complain to her father about what her ex has done. This is what causes deep trauma for Sabrina, so this trauma is what builds the spirit of feminism in Sabrina.

He does not want women out there to experience similar incidents to him (Alkali & Talif, 2016; Wibowo & Pamungkas, 2023). Therefore, she built a women's defender movement by establishing a women's community engaged in defending women who experience violence, domestic violence, patriarchy. They help victims of the violence with psychological and financial assistance. So that with trauma that starts from feelings of love then ends with virtue.

Conclusion

The novel *Captivated Me* by Jeon Dani is a novel that represents the spirit of feminism and trauma. The storyline in the novel revolves around a female character who depicts the struggle of women to carry out gender stereotypes. The representation of feminism is dominated by resistance to patriarchal culture in the household by the main character. The main character also displays social freedom and the right to choose a job. Likewise with other figures who support the spirit of feminism represented by the main character. The feminism movement is carried out by the main figure by building a community and distributing aid funds and psychological assistance to weak women. In addition, independence and established work represent the feminist actions carried out by the main character. The feeling of trauma that the main character gets makes the spirit of feminism in her grow until finally she builds a community that leads her to virtue. Thus, it is important to understand that traumatic stories can have an impact on the spirit of feminism.

An important implication of this study is that literature is a representation of past archetypes, which can have an impact on individual and communal ideologies. The results of this research are expected to be used to add insight into feminism and psychoanalysis which is not only a political movement, but also moves in the world of literature. Likewise, literature can serve as a trace of trauma, psychic, ideological, and cultural. However, this research is still limited to the hermeneutic method with a feminist and psychoanalytic approach. For this reason, it is very possible that there will be a difference in interpretation if *Jeon Dani's novel Captivated Me* is studied from another perspective.

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